

## Offaly Coaching & Games u12 Hurling

### Phase 1: Regionally Based - **Go Games Rules apply**

All teams must field 2 teams to each game - **Mixed Teams**

(Games can be 7, 8, 9, 10 or 11-a-side)

Group 1	Group 2	Group 3	Group 4	Group 5
Kilcormac/Killoughey	Brosna Gaels	Tullamore	Drumcullen	Coolderry
St. Rynaghs	Gracefield	Shamrocks	Kinnitty	Shinrone
Birr	Edenderry	Ballinamere/Durrow	Ballyskenagh/Killavilla	Seir Kieran
Ferbane/Belmont	Clara	Na Fianna	Lusmagh	CRC Gaels

4th May 2017

18th May 2017

1st June 2017

A v B	C v D	A v B	C v D	A v B	C v D	A v B	C v D
B v C	D v A	B v C	D v A	B v C	D v A	B v C	D v A
A v C	B v D	A v C	B v D	A v C	B v D	A v C	B v D

### Phase 2: Club size based

Based on numbers from above regional games, new groups will be so that teams are playing against similar sized clubs

### Under 12 Hurling Rules



- Play starts with puck out from the hands
- Side to side charge permitted
- Players are permitted to catch or lift the sliotar into the hand, take four steps, tap or bounce the sliotar on the hurl and strike from the hand, but is not permitted to solo run with the sliotar on the hurl
- Frees must be taken as normal. Player fouled or player nearest foul on the sliotar must take the free
- When a free is awarded the sliotar must be given back immediately to the opposition, otherwise the sliotar is advanced 5m (Emphasises discipline)
- Player closest to where the sliotar goes over the line takes the side-line puck
- When a defender plays the sliotar over his own end line the other team are awarded a "65" free 40m from end line
- Players are not permitted to kick the sliotar but if the ball strikes the foot this is not a foul
- 11 v 11 Recommended but 11-a-side must not be exceeded
- Playing area: 90m x 40m (2 Playing Areas fit in standard adult pitch) (No Zones allowed)
- Mini Blitz Games 10min a half & Fixture Days 20 min a half



#### Scoring System

- 1 point when the ball goes over the crossbar
- 3 points when the ball goes under the crossbar